

CHAPTER V

SUMMERY CONCLUSION AND SUGGESTION

5.1. SUMMARY

Rapid changes have been taken in pattern of education in the countries of abroad where the physical education has taken into right place in the total education process. This is evident by the tremendous progress made in the countries like USA, USSR and Japan etcetera in all sphere of physical education activities in the international arena. These countries have adopted the scientific programme and introduced modern facilities for the physical education at schools and colleges Olympic results are specific evidence of such attempt.

In India physical education has got greater recognition. The government of India is slowly realizing the importance of physical education, and steps are taken to implement physical education, as a compulsory subject, giving equal importance as other subjects. First implementation would be up to upper primary section and gradually increase to other upper classes. Rapid changes have been taken to boost physical education, through Sports Authority of India establishing centers at different parts of India, with modern and scientific programme and modern facilities with the policies of “ catch them young and teach them right”. Moreover the television broadcasters should give equal importance for the games and broadcast in television.

Colleges and the Universities are places where students should get ample opportunity to participate in physical education programme, to provide variety of activities which will have immediate benefits and also carry over value. It is desirable that a proper chalked out programme be made available. The contribution of physical education to general education process carries as much as other academic subjects. To fulfill the objectives of physical education programme, equipments facilities and effective implementation by qualified personnel will play an important role.

There has been a growing realization of the importance of physical education programme, in colleges and universities to motivate sports persons, seat reservations under sports quota, and job opportunities are offered.

The purpose of the study was to analysis the status of sports and games of South, South West Zone and All India Inter University of University of Madras from 2000 to 2010. The purpose of the study was to find out the analysis of the sports and games of the Madras University. The study will focus the status of the South, South West and All India Inter University of the Madras University. There has been a growing realization of the sports programme in schools, colleges and industries and among general public. The facilities should create wide opportunities and expand concern for immediate improvement in performance level and make the youngsters worthy citizens. Today many scientists, authors present an abundance of fresh ideas about physical education. It has produced a number of outstanding sports personalities. A study on this department pertaining to the facilities available, financial resource, achievements and awards by the University for the Promotion of the sports. Information regarding these aspects was collected from the regards of the University and conducting interview with the Dr.V. Mahadevan, Director in-charge.

The investigator's aim is to know the effectiveness of the particular University in physical education, to bring to light, the measures taken by University to uplift the standard of the team with high achievement in All India level. It has won all India Title for games like Foot Ball, Ball Badminton, Volley Ball, Swimming, cricket, basket ball, kabbadi, tennis and Athletics many times. The achievements of the University have made the University as one of the best and very popular University in India in the field of Physical Education. The University has also produced many international players so the investigator hopes that by this study other University may follow or understand the status of sports and games of the University and suggest the University for Further Improvement of their standard in the modern scientific word.

The data thus collected were organized tabulated analyzed the following conclusions and recommendation were formed.

5.2. THE DATA COLLECTED WERE ANALYSED AND SUMMARIZED BELOW:

1. University of Madras is one of the best and famous University in the field of sports and games. The University has made tremendous contribution to the Nation. Established in the year 1932 in the District of Chennai in Tamil Nadu.
2. The Department of Physical Education is headed by the Director of Physical Education in charge. The University has 134 affiliated colleges under its controls. The sports and development committee constituted by the Vice Chancellor, University of Madras to promote the sports and games facilities. Affiliated colleges under the University of Madras are divided into two zones. Zone A and Zone B District wise for Madras North and Madras South respectively.
3. The University motivated the students by providing cash award to players who secured first 3 places in All India Meet, and reservation under sports quota.
4. The University conducts intramural competition and participates in extramural for South Zone University and All India Inter University competitions.
5. The University has organized South Zone and All India Inter University sports and games competition successfully.
6. The University has facility for all major games, Indoor stadium, outdoor stadium, multi Gymnasium, pavilion, library and audio visual aids.
7. The University of Madras has contributed remarkable in the field of sports and games. It has won All India title for Hockey, Basket ball Athletics, Badminton, Ball Badminton, Cricket, Tennis, Foot Ball, Volley Ball, Table Tennis and Swimming for men. Volley Ball, Basket Ball, Tennis and Table Tennis for women.

5.3. CONCLUSIONS

The following conclusion were drawn taking into consideration of the limitations and delimitation.

1. University of Madras is one of the famous Universities situated in Chennai
2. University of madras was established in the year 1932. There are 134 affiliated colleges under the University.
3. The University of Madras has secured remarkable achievements, in all Inter University sports and games competitions.
4. Coaches for all the major games are appointed. Coaching camps are conducted for all major games.
5. The University conducts refresher courses and seminars to its Director of physical education of its affiliated colleges.
6. University has sufficient equipments, facilities for all the games and Track and field.
7. University organizes South Zone, South West Zone and All India Inter University Tournaments.
8. The success percentage of University of Madras Men team in All India Inter University
9. The constant care and the supervision of the Asst., Director and the well wishers of the University have been found to be the reason for the excellence in sports and games.
10. The University conducts only athletic meet from 1968 it is a regular feature of this University.
11. The University maintains a good relationship with all sports and games associations for the welfare of the University.
12. The University has produced a number of sports people at the University, South Zone, South West and All India level.
13. The location of the University itself is another significant factor for the promotion of sports and games in the University. The University has won number of Trophies from All India level in various games.
14. University of Madras is the pioneer in the field of sports and games undoubtedly.
15. Its contributions have been outstanding at national and International levels.
16. The results show there is a consistent amount of performance every year.
17. There has been a consistent inflow of trainees in to the training period.

18. There is enough opportunity to develop individual sports.
19. University of Madras has been directly or indirectly building solitarily among the people of the local area through sports.
20. Many have taken sports and games as their profession and have succeeded in setting with their job.
21. The University of Madras leading from the forefront in games and sports.
22. In times the University of Madras Physical Education Department is rich and does the service oriented activities to sports and games.

5.4. RECOMMENDATIONS

The following recommendation was made on the basis of the research conducted by the investigator.

1. The University could invite the coaches from the sports council train the player of various teams.
2. The University may take steps to encourage the women and men students to take part in the South Zone, South West and All India University Tournaments
3. Coaching camps can be run in various games during the summer vacation by getting the grant from University or Government.
4. A similar study may be conducted to find out the statues of other University performance in the field of games and sports.
5. Similar study can be attempted in all the Universities of India.
6. The study proved that due to the efforts of the University of Madras, students from district, state, and country and out of country was able to study very well, to get job and participate and win several medals, and places an different sports meets, tournaments and competitions.
7. It was recommended that provision of some more facilities in the form of practicing facility, staff, grants and infrastructure would definitely cover more students benefited for their all round development.

8. Physical education has not yet got the right place; it must be made compulsory as other discipline.
9. There is lack of interest on part of the students in the participation of sports activities. Steps are to be taken to motivate students: screening films on sports and games, conducting sports clinics, seminars and tournaments.
10. ° The service of physical Directors must be made compulsory after class hours. Minimum of 2 hours and as compensation they may be exempted from attending duty in the afternoon session.
- 11.. When the intramural is conducted steps should be taken to see that the physical education department conducts it directly.
12. The duration of the coaching camp must be increased.
13. Steps are to be taken for construction of synthetic 400 metres standard track. The University has produced many International athlete's so immediate steps should be taken to construct synthetic track.
14. Gymnasium facilities are insufficient and more modern scientific equipments should be provided to a coach in charge.
15. Budget for purchase of sports articles and improvement of ground facilities are to be increased.
16. Physiotherapist to be appointed in the department to accompany the team for competition and the players must have a basic knowledge when they have muscle injury which is very common.
17. The University library has only few books on physical education. Research scholars have to depend on other University for reference. Hence more funds to be allotted for purchase of physical education books.
18. It is recommended to the department of physical education to organize sports seminars.
19. The University should provide job opportunity for its outstanding sports men in its various departments.
19. And finally for the best result, physical education should be made compulsory for all the University students